



God's plan to win your battles.

Session 1: Old Testament History



Overview:

Theme: God is our Sovereign King.

The first seventeen books of the Bible from Genesis to Esther tell the history of the Old Testament. It reveals God to us in two ways:

1. God is patient.
2. God has a long-term plan for His people that is sovereign and relentless.

Key Concepts: Sin, Rebellion, Satan, Sacrifice, World

- **Sin** means we missed the mark of God's target. It is like putting water in the gas tank.

There are two types of sin: *the nature of sin* and *sins we commit*.
The *nature of sin* is imputed or inherited sin. It is the "tendency" to sin.
The *sins we commit* are the willful acts of sin.

- **Rebellion** is to execute a plan that is not God's plan. It is deviating from God's best.
- **Satan** means accuser. He accuses you and God.
- **Sacrifice** is to associate innocence with death. Death (separation) is the result of sin, and innocence is the sacrifice.
- **World** is the definition of systems we put on earth, not the created earth. It runs contrary to God's plan and becomes our enemy. Our worldly desires may appear good for a season (hooks) but ultimately ends in pain, shame, and death.

Bible Study Guide:

1. Watch the video for session 1.
2. Discuss the review questions on page 22 with your group or as personal review.
3. Personal study: Complete the reading and reflection in the workbook for each day.

Personal Study Questions
Old Testament History

Day 1: Man's battle begins.

God's love and promises are always available to us, even when we have run far from God.

What are some of the ways God has shown His invincible love to you?

Day 2: God's victory begins.

God always provides a way to victory for us to choose. God is for us! God never intended for the law to save us, but to show us how we can live in freedom and victory.

What path to victory has God shown you in your life?

Day 3: God's plan to renew man continues.

God wants a renewed relationship with each of us, and to remove our fear and give us peace of mind – God's peace, not the world's version of peace. But we can easily forget just like the Israelites did. This is why God constantly reminds us to "remember".

What are some of the reminders God has shown you in your life?

Day 4: Man's (Israel's) battle with unfaithfulness continues.

The Israelites continued to struggle with sin and unfaithfulness. They did not obey God to completely destroy the idol worship in their lives. God knew they would be tempted and it would ultimately be harmful for them.

Is there an idol or habit in your life that needs to be eliminated, so you can live free from harm? Do you have a plan to eliminate it?

Day 5: God brings judgment but promises renewal.

God cannot look the other way when it comes to sin, or He would not be holy and just and could not be trusted. Yet God is patient. He promises not only to judge, but also to restore. He wants us to return to Him so He can rebuild and restore our lives, and give us great joy and peace.

How is God working in you to restore your life? What are some of the spiritual blessings of choosing and receiving God's restoration?

Battle Plan for Prayer:

Session 1



The Lord, the Lord God, compassionate and gracious, slow to anger, and abounding in lovingkindness and truth. (Exodus 34:6)

Lord, I thank you for your love for me. I know I have rebelled in sin and it has separated me from You. I want to repent of my sinful ways and return to You, so I can be renewed in Your love and mercy. Speak to me, guide me, and bring me to your great joy and peace for my life.